As of 25 May 2020, the following will be PERMITTED:

- restaurants, cafes, bars and other dining facilities (indoor areas):
  - permission applies also to dining facilities located in shopping centers with an area of over 5000 m²;
- hotels, outdoor camp sites and other accommodation facilities;
- taxi services (those not yet permitted);
- operation of trades where skin integrity is breached (tattoo, piercing parlors, permanent make-up, etc.);
- zoos, botanical and dendrological gardens (indoor areas);
- castles and chateaux (indoor areas);
- natural and artificial swimming facilities (indoor and outdoor);
- saunas and wellness centers;
- possibility of visits at inpatient social and healthcare facilities;
- organized training of professional and amateur athletes on outdoor and indoor sports grounds with maximally 300 participants at any one time, with the possibility of using amenities;
- mass events on outdoor and indoor premises with maximally 300 participants at any one time;
- option of attendance of 1st level primary school pupils and their optional organized and hobby activities in the form of school groups.

Applies while observing precisely defined conditions.

- Furthermore, it is permitted to move about without respiratory protective equipment, except for the following locations:
  - all indoor premises of buildings except for the home;
  - means of public transit;
  - all other places where there are at least two people at a distance of less than 2 meters, unless these are exclusively members of the same household.
The rules stipulated below must be observed with respect to the following facilities, services and other activities.

**Restaurants, cafes, bars and other dining facilities (indoor areas)**

- When entering a restaurant or outdoor garden, hand disinfection must be available to guests.
- If there is table service, the chairs and tables will be disinfected before seating every new group of customers.
- The serving staff are obliged to wear face masks.
- Guests are obliged to wear face masks except when eating/drinking at the table. The client must always wear a face mask when they leave the table and in all the common areas.
- The operator actively prevents the gathering of people less than 2 m distant from each other (except for guests in the same group), including in the waiting area of the restaurant.
- The operator also proceeds so as to ensure the fulfillment of all the stipulated preventive measures by the guests (excessive alcohol consumption can lead to ignoring the preventive measures and threaten the other guests and staff with infectious diseases).
- The garden will be located so that the guests seated in any part thereof are no closer than 1.5 meters from passers-by, unless there is a solid barrier in place to prevent the spread of secretions and droplets from the respiratory passages.
- The operation of the indoor areas of these facilities is prohibited from 11:00 p.m. to 6:00 a.m. During this period, sales may be conducted through a sales window.

**Further requirements for operators:**

- Ensure minimal physical contact between people, especially inside the establishment;
- If feasible, define a system of work inside the establishment so that the work areas allow the greatest possible distance between individual employees that are working;
• Ensure a minimal distance of 1.5 m between customers and between groups of customers by potentially modifying the operating conditions and system:
  o within the establishment (except for guests at the same table),
  o in queues,
  o at the terminals,
  o at the cash registers,
  o at the dispensing point.
• At establishments where operationally feasible, ensure the greatest possible distance between the attending staff and the customer (e.g. operation of cash registers, ordering terminals, dispensing points, etc.);
• Personal protective equipment used to cover the respiratory passages must be kept clean, must be replaced at predefined regular intervals based on its character and suitably hygienically disposed of or decontaminated - create internal instructions for these purposes so that face masks are handled in a safe manner;
• It is necessary to prevent the overfilling of the facility - if necessary and as appropriate, define corridors for the movement of guests in the establishment (e.g. using colored self-adhesive tape, etc.);
• At all establishments, including outdoor gardens, ensure a distance between tables so that the people sitting at various tables are at least 1.5 meters apart;
• Implement the systemic measures into the internal instructions and train the staff;
• Keep all equipment and the premises clean and observe standard hygienic/sanitation procedures established at the facility pursuant to current legislation;
• Ordinary detergents and cleaning and sanitation products used according to the instructions and approved for this purpose also have a supportive effect in preventing the spread of SARS-CoV-2;
• The decontamination of used dishes, cutlery and glasses that are not disposable will be conducted according to the restaurant’s standard operation rules; During the washing/rinsing process, it is recommended to observe temperatures of 60°C;
• Ensure the increased frequency of cleaning and sanitation of the premises for customers. The toilets should be cleaned ideally on an hourly basis. Ensure that toilet paper is always
available in the toilets and that there are sufficient paper towels and hand disinfectant available in the areas for washing hands;

- Devote increased attention to the regular cleaning and washing of tables, and potentially chairs and other objects which customers touch or handle;
- Throughout the working hours, ensure the frequent washing of hands with soap under running potable water and ensure that disposable napkins or towels are used to dry the hands. Staff should wash their hands based on the character of the performed activity. It is recommended at least every 60 minutes, but always after handling high-risk materials and objects (e.g. transport boxes, documents from suppliers during deliveries, payment cards, money, etc.);
- Thoroughly insist that the staff do not replace the regular washing of hands with soap and water by using hand disinfectant;
- Establishment employees must not show any signs of acute respiratory or digestive illness (elevated body temperature, cold, cough, frequent sneezing or runny nose, diarrhea, vomiting, etc.). Ensure that the shift manager checks the observance of this important instruction. Staff who are ill must not have access to the workplace;
- If permitted by operational and hygienic conditions, ventilate the premises of the establishment frequently, and keep the windows open if possible. If you use HVAC equipment on all the premises of the establishment, increase the air exchange (increase the HVAC output, reduce the switching level e.g. to 400 - 600 ppm for systems controlled by CO2 concentration sensors). It is recommended to switch the HVAC on about 2 hours before commencing operation, and to switch off/not use rotational heat exchangers (including enthalpic humidity exchangers). Use all the options for under-pressurized ventilators throughout the premises, toilets and kitchen areas;
- Switch off/do not use recirculation systems (which do not bring in fresh air) - e.g. split A/C units. Do not use air cleaners which do not have a hepa filter. [http://www.szu.cz/tema/prevence/pravidla-pro-vetranie-a-pouzivani-vzduchotechniky-v](http://www.szu.cz/tema/prevence/pravidla-pro-vetranie-a-pouzivani-vzduchotechniky-v) (only in the Czech language)
- Use suitable means (e.g. leaflets on the tables, posters at the entrance of the establishment, information signs in the bathrooms) to inform customers/consumers at the
establishment about the observance of increased personal hygiene in order to prevent respiratory and intestinal illnesses;

- The attending staff should minimize the handling of cash (banknotes and coins) and should prioritize touchless payments using payment cards or mobile telephones;
- Train employees repeatedly about the rules of observing personal and operational hygiene!!!;
- Devote increased attention to conducting regular disinfection and pest control in accordance with the defined sanitation plan at the establishment!
- Hang posters promoting the washing of hands at the establishment and especially in the bathrooms!!! If necessary, the information posters can be downloaded from the website of the National Institute of Public Health or the regional public health authorities (only in the Czech language).

**Hotels, outdoor camp sites and other accommodation facilities**

- **Public premises**
  - On all public premises (reception, conference rooms, breakfast room, restaurant, bar, outdoor and recreation areas, corridors, business center, luggage storage, fitness center, etc.), the rules regarding the prescribed distance of at least 2 meters between staff and guests are observed.
  - The operator actively prevents the gathering of people less than 2 m distant from each other (except for guests in the same group).
  - Ensure heightened hygienic measures and disinfection of public premises at the accommodation facility (incl. all surfaces, elevators, railings, handles, doors, door handles, carts).
  - Equip toilets with hand disinfectant products.
  - Provide guests with information materials explaining the safety measures and requirements.

- **Entrance to the hotel and hotel lobby**
o Disinfectant is available on the premises where guests arrive at the accommodation facility.

• Reception desk - check-in/out
  o Hand disinfectant is available for the guests and reception staff.
  o Regular disinfection of the reception desk surface.
  o Possible additional barriers made of plexiglass.
  o Contact between employees and guests, and contact by touch with consumer goods (e.g. pens, registration forms, payment terminals, magnetic cards - keys) is limited to what is strictly necessary or organized so as to be disinfected after every use (e.g. exchange pens or pencils).
  o Where possible, use touchless electronic check-in/out and touchless payments.

• Hotel rooms:
  o The respective hygienic and cleanliness standards are strictly maintained, especially during housekeeping.
  o The use of such items in rooms which are used by multiple guests (e.g. pens, magazines, remote controls, dispensers, bed throws, decorative pillows) must be minimized, or their cleaning/replacement between guests must be ensured. This applies to all other facilities (e.g. conference rooms).
  o Before accommodating a new guest, it is necessary, in addition to the standard cleaning and replacement of linens, to ensure the disinfection of all surfaces in the room (switches, handles, A/C controller, etc.), bathroom and toilet. Disinfect items which are used by the guests - remote controls, telephones, etc.
  o If using air conditioning, chose a regime with limited air recirculation.

• Restaurant operation - buffet breakfast + main meals
  o At all establishments including outdoor gardens, ensure a distance between tables so that the people sitting at various tables are at least 1.5 meters apart.
  o Operational hygiene - ensure heightened hygienic measures, the regular disinfection of tables and chairs and disinfection of surfaces and items which the guest comes into contact with, the frequent sanitation of tap and bar work surfaces, the regular ventilation of the facilities.
  o Disinfectant will be available to guests in the restaurant.
o The touching of objects (menus, trays, napkins) by guests will be limited to what is truly essential or organized so that it is cleaned/replaced after use.

o Recommend touchless payments.

o Information stand at buffet counters with the definition of distances or corridor, minimization of direct contact between guests and food (single-portion packaging or counter service), bakery goods served individually, dressing and cold sauces packed in single portions, etc. Individual a la carte serving is recommended apart from the buffet.

o Only set the table with cutlery and napkins after seating the guests at the given table.

o Operation facility - dishwashing - during the washing/rinsing process, ensure the observance of temperatures over 60°C.

o Regular ventilation; if using air conditioning, chose a regime with limited air recirculation.

• Conference rooms, meeting rooms
  o Ensure heightened hygienic measures and disinfection of conference areas, regular ventilation.
  o Disinfectant will be available for guests in the conference and meeting rooms.
  o Regular disinfection of tables.
  o The use of such items in rooms which are used by multiple guests must be minimized, or their cleaning/replacement after use must be ensured.

• Staff
  o Employees must be instructed about the necessary protection against infection and obligation to observe preventive measures.
  o The operator will ensure protective equipment and disinfectant.
  o Use of face masks and potentially other equipment - in accordance with the MoH regulations.
  o Contact with guests is limited to the essential period.
  o Observe a distance of at least 2 meters whenever possible.
  o Increased attention is required when handling used laundry given the heightened risk of contamination.
The operator will provide hand disinfectant.

Both the operator and client are obliged to wear protective respiratory equipment.

Regular disinfection of the surfaces is recommended.

Installation of a protective barrier between the driver and customer spaces is recommended.

A hand disinfectant dispenser is located at the entrance to the facility.

If the facility has a waiting room, the customer is seated so as to maintain a safe distance of two meters between them and other customers (except for their accompaniment/legal guardian).

In the course of the service, the customer will be unaccompanied, except for the presence of a legal guardian in the case of minors.

If there are several employees in the room at the same time, the individual workplaces must be separated by a curtain. The alternative is a limit of one employee per room.

Employees and customers must wear face masks.

The chair/recliner must be disinfected after every customer.

The facility will ensure regular ventilation or another form of air decontamination/disinfection.

Other preventive measures pursuant to the approved operation rules.

Visitors must maintain a distance of at least 2 meters from each other, except for members of the same household,
• The operator will focus on preventing the congregation of large numbers of people in relatively small areas. If the influx of visitors is too high, it would not be realistically possible to ensure and control the fulfillment of the recommended distancing.
• Visitors and employees are obliged to use protective respiratory equipment.
• Visitors must disinfect their hands at the entrance, whereas the disinfectant will be supplied by the facility.
• The unnecessary crossing of paths between staff and visitors will be restricted.
• The operation of restaurant facilities is permitted under the conditions valid for other restaurant facilities or dining facilities.
• Interested visitors will be advised to purchase tickets online.

Castles and chateaux

• Interested visitors will be advised to purchase time-specific tickets online.
• The operator will focus on preventing the congregation of large numbers of people in relatively small areas. If the influx of visitors is too high, it would not be realistically possible to ensure and control the fulfillment of the recommended distancing.
• The number of visitors on paid outdoor premises on one day will be limited so as not to exceed 150 people per hectare of space of the facility.
• The organizations operating castles and chateaux will also ensure:
  o checking the use of face masks by visitors,
  o increased frequency of disinfecting surfaces and areas, and availability of hand disinfectant for the staff.
• The operator must implement measures to prevent the aggregation of people and control the fulfillment of minimum distances at places where the accumulation of people may be expected, e.g. areas near the toilets, vending machines, rest areas, attractions, children’s playgrounds, refreshment zones, etc.
• **Indoor pavilions and expositions will be open based on the rules valid to date for museums and galleries:**
  - maintain a distance of 2 meters, except for close persons or family members,
  - approximate capacity of 10 m² per visitor,
  - ensure the availability of hand disinfectant for employees and visitors,
  - disinfect the surfaces which are touched by hands,
  - mandatory wearing of face masks,
  - recommended ozonation of air, mandatory regular ventilation,
  - prevention of congregation of people where it is not possible to maintain a distance of at least 2 meters in all outdoor and indoor premises.

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**Natural and artificial swimming facilities (indoor and outdoor)**

**Information for visitors**

- Before entering the compound, visitors are obliged to disinfect their hands with a product with a virucidal effect, which will be available at the entrance for all visitors.
- Visitors must consider their health and that of their children. If they do not feel well or suffer from any infectious disease, they should not enter the water out of respect to others, especially if it is not possible to preclude sneezing, nose-blowing, etc. If such health problems exist, it is best not to visit the swimming facility at all until the visitor is healthy.
- Visitors are obliged to observe the valid extraordinary measures, in particular as concerns congregating in public areas and wearing face masks or other protective respiratory equipment. They must move about the swimming facility maximally in the currently prescribed numbers and observe the required distances between each other.
- When resting, the individual groups of visitors/family members should maintain a distance of about 2 meters.
- Visitors are obliged to wear face masks or other protective respiratory equipment whenever moving about the swimming facility, except when lying on a mat or sunbed at natural and outdoor artificial swimming facilities, when walking to reach the water in order to swim, and while swimming (the face mask can be left on the mat or sunbed). If merely standing on the side of the swimming area or pool, e.g. to supervise bathing children, it is
necessary to wear a face mask or other protective respiratory equipment pursuant to the currently stipulated measures.

- When using the toilets, visitors must observe heightened personal hygiene - it is essential to wash the hands thoroughly with disinfectant soap or use a hand disinfectant (e.g. gel), which will be available to all visitors at the location. It is necessary to use disposable paper towels or touchless air hand dryers to dry the hands.
- Touchless payment should be preferred at the swimming facility.

**Information for operators**

- Employees or customers with symptoms corresponding to the COVID-19 infection are not allowed to enter these facilities.
- The operator will reserve a separate room or separate area to treat a customer or staff member suspected to have the COVID-19 disease outside the regular treatment room.
- The operator will designate at least 1 coordinator within the entire facility to monitor the observance of the measures listed below.

**Specific conditions for using showers and changing rooms:**
- The use of changing rooms and showers is possible while fulfilling specific conditions:
  - Ensure the greatest possible dispersion of people in the changing rooms, occupy distant ends or allow access to every other locker.
  - Showers - ensure the greatest possible distancing under the given conditions. If there are fixed partitions, adequate protection is ensured. In the case of open showers, distances must be maintained.
  - Ensure the option of hand disinfection in the changing rooms.
  - Regularly decontaminate the areas which clients pass through – regular cleaning and disinfection.
  - Ensure the cleaning and disinfection of the insides of lockers every day and after operating hours.
  - Instruct clients to minimize the time spent in the changing rooms.
- Regular ventilation; if using air conditioning, chose a regime with limited air recirculation.

- **Operation of natural swimming facilities, swimming reservoirs and structures permitted for the purpose of swimming, equipped with natural water cleaning systems for swimming**
  - The operator must place a hand disinfectant (with virucidal effect) on the premises at the entrance to artificial swimming facilities and saunas.
  - The operator is obliged to observe the strict observance of the approved capacity (number of visitors) to the facility, or reduce the capacity in order to avoid the overfilling of the compound and allow the fulfillment of requirements for the prescribed distance between strangers when resting on mats (blankets, towels, etc.) or sunbeds. It is necessary to consider the possible excessive congregation of persons in the water, especially when the effectively used water surface is not large. The maximum number of visitors at any one time, calculated per area of the currently open recreational zone for visitors at 10 m²/person, must be observed; the total number of persons present at any one time must not exceed the maximum limit of persons currently permitted at one location.
  - If the swimming facility is equipped with changing rooms or cabins, the cleaning and disinfection of these facilities must be conducted more frequently (at least 2-3 times per day or more depending on the length of the operating hours), especially the surfaces which people touch most often (handles, switches, cabin doors, etc.) using a disinfectant (with virucidal effect).
  - The operator will allow visitors to access the changing rooms so as to avoid a breach of the prescribed distances.
  - Disinfection of all the areas of the entire facility which visitors come into contact with using a disinfectant (with virucidal effect) must be ensured at least 2-3 times per day (or more depending on the length of the operating hours).
  - In cases when there are other supplementary facilities or recreational equipment for visitors in the natural swimming compound (swings, merry-go-rounds, etc.), it is necessary to use a face mask or other protective respiratory equipment during their use, observe the prescribed distancing and ensure that an excessive number
of people do not congregate around these attractions based on currently valid requirements. At least 2-3 times per day (or more depending on the length of the operating hours), before commencing operation and in the course thereof, it is necessary to disinfect the surfaces and equipment which people touch.

- If there are collectively used premises in operation at the natural swimming facility (e.g. refreshment stands, etc.), it is necessary to restrict the gathering of people in their proximity pursuant to currently valid measures.
- At the entrance to the swimming facility and other visible locations, it is necessary to publish the basic instructions for the visitors’ behavior with respect to the epidemiological situation (or publish them by other customary means at the location). For this purpose, it is possible to use the information leaflet “Hygienic requirements for the behavior of visitors at natural and artificial swimming facilities during the coronavirus pandemic”, which is set forth below and may be adapted to the specific conditions of every swimming facility as needed.
- Touchless payments should be preferred in the compound.

- **Operation of artificial swimming facilities and saunas, operation of baby and toddler swimming lessons**
  - The operator must place a hand disinfectant (with virucidal effect) at the premises at the entrance to artificial swimming facilities and saunas.
  - The operator must strictly observe the total visitor capacity of the facility\(^1\) or reduce this capacity if necessary in order to avoid the excessive congregation of persons. Pursuant to Decree No. 238/2011 Coll., the immediate capacity of pools is as follows: the capacity of the water surface is stipulated so that in the part for non-swimmers, the area per non-swimmer is 3 m\(^2\), and in the part for swimmers the area per swimmer is 5 m\(^2\); in pools for babies and toddlers aged 6-12 months, the area for one bather is 0.8 m\(^2\), from 12 months to 3 years it is 1.0 m\(^2\). Accordingly, the operator will stipulate how many people can be in the pool at any

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\(^1\) The immediate visitor capacity at indoor artificial swimming compounds is stipulated as maximally double the capacity of the pool water surface. The immediate capacity at outdoor artificial swimming compounds is determined as maximally five times the capacity of the pool water surface. (Decree No. 238/2001 Coll., Section 17(1))
one time, will post this information near the pool and will observe and enforce the observance of this requirement.

- Additionally, the operator should have a defined procedure to limit the capacity of individual high-risk attractions (whirlpools, saunas, slides, wave pools) so as to prevent the congregation of persons. Each whirlpool must have a stipulated immediate capacity, which will allow a distance of 1.5 m between persons\(^2\) – this information will be posted near the whirlpool and the operator will monitor and enforce its observance (it is also necessary to limit the time spent in the whirlpool so that more visitors get a turn). The same distance of 1.5 m between strangers applies for saunas; a minimum area of 4 m\(^3\) per visitor must be observed directly in the saunas. It is not possible to conduct sauna ceremonies involving the whirling of the air. Furthermore, ice wells (crystalline cooling) cannot be operated.

- The maximum number of visitors at any one time, calculated per area of the currently open recreational zone for visitors at 10 m\(^2\)/person, must be observed; the total number of persons present at any one time must not exceed the maximum limit of persons currently permitted at one location.

- A distance of 1.5 meters must also be observed in queues for slides and other attractions.

- It is necessary to limit the operation of equipment which generates water aerosols (artificial waterfalls, fountains, etc.).

- Until further notice, it is not permitted to operate water attractions in which the water current can lead to unwanted contact between visitors, in particular white-water rivers, wave pools, “wave attractions”, etc.

- Until further notice, it is not permitted to operate steam baths, which pose a high risk of contagion in hygienic terms.

- The operator should ensure that the prescribed distances are observed when entering the compound (does not apply to families or couples). It should also strive, via various systemic measure, to avoid larger numbers of people

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\(^2\) The recommended distance of 1.5 m is based on the recommendations of the European Waterpark Association (Two-stage plan of the European Waterpark Association E.V. for the reopening of waterparks and spas).
congregating at one time in the changing rooms, which would lead to closer contact between strangers.

- Disinfection of all the areas of the entire facility which visitors come into contact using a disinfectant (with virucidal effect) must be ensured at least 2-3 times per day (or more depending on the length of the operating hours).

- When operating whirlpools and pools, it is necessary to keep the value of free chlorine at the upper limit of the range stipulated by Decree No. 238/2011 Coll., but to not exceed this upper limit. This requirement does not apply to pools with ongoing baby and toddler swimming lessons.

- All premises in which parents with children move about as a part of baby and toddler swimming courses, including areas which come into contact with children, must be disinfected before every lesson using the products pursuant to Decree No. 238/2011 Coll. Toys and equipment used in the pool will be disinfected and then rinsed with drinking water before every lesson.

- The edges of tubs and pools for baby and toddler bathing will be disinfected and then rinsed with drinking water before every lesson.

- In cases when there are other supplementary facilities or recreational equipment for visitors in the artificial swimming compound (swings, merry-go-rounds, etc.), it is necessary to use a face mask (if a distance of at least 2 m cannot be observed under all circumstances), observe the prescribed distancing and ensure that an excessive number of people do not congregate around these attractions based on currently valid requirements. At least 2-3 times per day (or more depending on the length of the operating hours), before commencing operation and in the course thereof, it is necessary to disinfect the surfaces which people touch.

- The operator will ensure the daily disinfection of the surfaces of equipment and gear which is loaned to visitors at the compound (sports equipment, sunbeds, etc.).

- If there are collectively used premises in operation at the natural swimming facility (e.g. refreshment stands, changing rooms, showers, baby changing tables, etc.), it is necessary to restrict the congregation of people in their proximity pursuant to currently valid requirements.

- At the entrance to the swimming facility and other visible locations, it is necessary to publish the basic instructions for the visitors’ behavior with respect to the
epidemiological situation (or by other customary means at the location). For this purpose, it is possible to use the information leaflet “Hygienic requirements for the behavior of visitors at natural and artificial swimming facilities during the coronavirus pandemic”, which forms an annex to this material and may be adapted to the specific conditions of every swimming facility as needed.

- Touchless payments should be preferred in the compound if possible.

- **Basic rules** for air replacement at artificial swimming facilities
  - It is recommended to increase the air exchange throughout the premises (increase the output of the A/C equipment).
  - **Switch off/do not use rotational heat exchangers** (including enthalpic humidity exchangers).
  - If possible, supplement the controlled air exchange with window ventilation.
  - Use all the options of **under-pressurized ventilation** (ventilators) in halls, changing rooms and toilets.
  - **Switch off/do not use recirculation systems** (which do not bring in fresh air) - e.g. split A/C units. Do not use air cleaners which do not have a hepa filter.

- **Beyond the scope of the said requirements, it is at each operator’s discretion to stipulate additional measures to limit contagion based on local conditions.**

- **Changes cannot be precluded based on the development of the epidemiological situation and resulting measures. In this case, operations must be adapted to the current situation and conditions valid at the time.** We recommend following the website: koronavirus.mzcr.cz/EN.

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**Hygienic conditions for bathing and the behavior of visitors in swimming areas**\(^x\) stipulated based on the incidence of the coronavirus

- Visitors should consider their health and that of their children. If they do not feel well or suffer from any infectious disease, they should not enter the water out of respect to others, especially if it is not possible to preclude sneezing, nose-blowing, etc.

- Visitors are obliged to observe the valid extraordinary measures, in particular concerning congregating in public areas and wearing face masks or other protective respiratory equipment, moving about the location in the maximum group sizes and observing the proper distancing.

- When resting, the individual groups of visitors/family members should maintain a distance of about 2 meters.

- Visitors are obliged to wear face masks or other protective respiratory equipment in the area of interest around the water surface, except when lying on a mat or sunbed, when walking to reach the water in order to swim, and while swimming (the face mask or other protective respiratory equipment can be left on the mat or sunbed). In the case of merely standing on the side of the swimming area or pool, e.g. to supervise bathing children, it is necessary to wear a face mask or other protective respiratory equipment (except for persons exempted from this obligation, as specified in the currently valid MoH measure of 30 April 2020).

- If toilets for visitors are available at the compound, heightened personal hygiene must be observed during their use; after using the toilet, it is essential to wash the hands thoroughly with disinfectant soap or use a hand disinfectant (e.g. gel).

\(^x\) **Swimming areas** refer to surface waters used for swimming, which are visited by larger numbers of people and do not have an operator. Because these are locations where a risk to public health cannot be precluded, the respective regional public health authority is obliged to monitor the water quality at these locations, usually from the beginning of June until the end of August.
Mandatory hand disinfection before entering.

Saunas must be set to a minimum of 70 degrees Celsius.

Steam saunas may not be operated.

Reduced capacity, in order to ensure a 1.5 m distance on all the premises including changing rooms; in the saunas minimally 4 m³ (the hygienic standard is 2 m³) per customer.

Disinfectant (+ paper towels) available to customers throughout the premises.

Increased frequency of inspection of the saunas and observance of measures.

Regular disinfection of contact points by the staff (handles, chairs, recliners, tables, lockers, faucets, toilets).

All linens are disinfected by boiling (sheets, towels, face masks).

Sauna ceremonies are temporarily cancelled (to restrict the whirling of air).

Temporarily close ice wells/crystalline cooling (risk of contamination of the crushed ice and transmission to other customers).

It is recommended not to use equipment which creates water aerosol, except at private wellness centers.

The use of changing rooms and showers is possible while fulfilling specific conditions:
  - Ensure the greatest possible dispersion of people in the changing rooms, occupy distant ends or allow access to every other locker.
  - Showers - ensure the greatest possible distancing under the given conditions. If there are fixed partitions, adequate protection is ensured. In the case of open showers, distances must be maintained.
  - Ensure the option of hand disinfection in the changing rooms.
  - Regularly decontaminate the areas which clients pass through – regular cleaning and disinfection.
  - Ensure the cleaning and disinfection of the insides of lockers every day and after operating hours.
  - Instruct clients to minimize the time spent in the changing rooms.
  - Regular ventilation; if using air conditioning, chose a regime with limited air recirculation.
● **Additional measures for employees**
  ○ Use of gloves/regular washing of hands (disinfection).
  ○ 100% air exchange (not mixing) using air conditioning equipment.
  ○ Intensive cleaning and disinfection using virucidal products of entire premises every day after closing, beyond the scope of standard cleaning.

● **Additional measures for customers**
  ○ Prohibited access for sick persons (part of the operation rules).
  ○ Preferred touchless payments (credit is an alternative).
  ○ Use of only individual, structurally-separated showers; each shower will include a disinfectant soap dispenser.

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**Large events in indoor and outdoor premises**

- At most 300 participants at any one time;
- A distance of at least 2 meters is maintained between persons, excluding household members;
- A container with disinfectant for hand disinfection is available.

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**Visits to patients at inpatient social and healthcare facilities**

Two scenarios are prepared to permit these visits, which stipulate the defined requirements - a more moderate version (if the epidemiological situation is favorable) and a stricter version (if the epidemiological situation worsens).

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**Moderate version**

Visits by family members, guardians, volunteers, other persons and assistance during childbirth

- The director of the given facility may limit or deny the possibility of visits based on the operational conditions of the given facility.
• Observance of the operational rules of the given workplace and visiting hours is ensured.
• Any contact between the user of the inpatient facility and other persons (visitors) must be conducted in the safest manner possible.

**Coordination of visits to the facility**

• The number of external persons at the facility must be coordinated based on the number of arrivals and in a manner corresponding to the premises where contact occurs.
• The coordination of visits must be organized so as to prevent high concentrations of external persons.
• Visits are not possible in the parts of the building or rooms which are in quarantine (clients with suspected or confirmed infections) (with the exception of patients in terminal stages of illness).
• Visitors must wear a face mask and disinfect their hands when entering and leaving the building.

**Restriction of visitor numbers or persons and visiting time, course of visits**

• Visits may take place with at most two adults per patient at any one time.
• Exceptions are only permitted in justifiable cases, e.g. if the visitor needs support and accompaniment.
• Each visitor will be asked about the symptoms of the coronavirus infection or will complete a questionnaire declaring they are free of infection.
• The visitor’s temperature must be measured. If the visitor has a temperature of more than 37.0°C or any symptoms of the disease, the visit will be denied.
• Visiting restrictions will not apply to people in terminal stages of an illness.

**Establishment of meeting zones and areas for visitors**

• If possible, the client will have a face mask.
• If possible, visits should take place in the outdoor areas of the facility (garden, common terrace, etc.) or in single rooms or in a room reserved for this purpose.
• Visits in double or shared rooms should be conducted with a screen or other barrier to separate the beds from the other clients.
• A distance of at least 2 meters must be ensured between various persons, except for family members. Contact between the inpatient facility user and visitors at a shorter distance is only possible in justified cases and is recommended for the shortest possible amount of time.
• After each visit, the surfaces touched by hands must be disinfected using a product with a virucidal effect.
• The use of a spatial disinfectant (e.g. ozone or polymer) is recommended.
• After each visit (or even in the course thereof), ventilation of the given room is required.
• If the facility has disposable gowns or shoe covers available for visitors, we recommend providing them.

**Stricter system**

**Visits by family members, guardians, volunteers, other close persons and assistance during childbirth**

• The director of the given facility may limit or deny the possibility of visits based on the operational conditions of the given facility.
• Observance of the operational rules of the given workplace and visiting hours is ensured.
• Any contact between the user of the inpatient facility and other persons (family member, other close person, volunteer) must be conducted in the safest manner possible.

*The following measures are recommended:*

**Coordination of visits to the facility**

• The number of external persons at the facility must be coordinated based on the number of arrivals and in a manner corresponding to the premises where the contact occurs.
• Prior arrangement/announcement of the visit is necessary (via telephone or other remote means).
• The coordination of visits must be organized so as to prevent high concentrations of external persons. The visiting times must be stipulated in advance.

• Visits are not possible in the parts of the building or rooms which are in quarantine (clients with suspected or confirmed infections) (with the exception of patients in terminal stages of an illness).

• Visitors to the facility must wear a face mask and disinfect their hands when entering and leaving the building.

Restriction of visitor numbers or persons and visiting time, course of visits

• Visits may take place with at most two adults per one patient. One client must not have more than one visit per day.

• Exceptions are permitted only in justifiable cases, e.g. if the visitor needs support and accompaniment.

• The duration of the visit will be stipulated beforehand; the recommended duration of a visit is at most 1 hour.

• All visitors must be registered (time of visit, duration, name of the person and contact details) under the conditions of GDPR (update of the general declaration on personal data processing or informed consent from individual visitors).

• Each visitor will be asked about the symptoms of the coronavirus infection or will complete a questionnaire declaring they are free of infection. Visits are prohibited if the visitor has symptoms.

• The visitor’s temperature must be measured. If the visitor’s temperature is higher than 37.0 C, the visit will be denied.

• The time or frequency restrictions for visits will not apply to people in terminal stages of an illness.

Establishment of meeting zones and areas for visitors

• If possible, the client will have a face mask.

• If possible, visits should take place in the outdoor areas of the facility (garden, common terrace, etc.) or in single rooms or in a room reserved for this purpose.
• Visits in double or shared rooms should be conducted with a screen or other barrier to separate the beds from the other clients.
• A distance of at least 2 meters must be maintained between the user and visitor.
• After each visit, the surfaces must be disinfected using a product with a virucidal effect.
• The use of a spatial disinfectant (e.g. ozone or polymer) is recommended.
• The given room must be ventilated after each visit.

If the facility has disposable gowns or shoe covers available for visitors, we recommend providing them.

Organized training of athletes at outdoor and indoor sports grounds

• No more than 300 persons may be located on the sports grounds at the same time.
• A distance of at least 2 meters is maintained between the athletes and other persons.
• During training or matches, the athletes are not required to wear protective respiratory equipment (nose, mouth) which prevents the spread of droplets.
• A container with disinfectant for disinfection of the hands will be available on the sports grounds.
• As for the toilets, it is necessary to ensure the performance of heightened hygienic measures, particularly the disinfection of the hands and any other areas commonly touched by hands.
• After training, all the used training equipment will be disinfected regularly.
• The use of changing rooms and showers is possible while fulfilling specific conditions:
  o Ensure the greatest possible dispersion of people in the changing rooms, occupy distant ends or allow access to every other locker.
  o Showers - ensure the greatest possible distancing under the given conditions. If there are fixed partitions, adequate protection is ensured. In the case of open showers, distances must be maintained.
  o Ensure the option of hand disinfection in the changing rooms.
  o Regularly decontaminate the areas which clients pass through – regular cleaning and disinfection.
- Ensure the cleaning and disinfection of the insides of lockers every day and after operating hours.
- Instruct clients to minimize the time spent in the changing rooms.
- Regular ventilation; if using air conditioning, choose a regime with limited air recirculation.

**Schools and education**

- The child, pupil, student, participant or their legal guardian and the legal guardian of a child at a nursery school has provided, before first entering the school, educational facility or academic institution, a written affidavit on the non-existence of the symptoms of a viral infection (e.g. fever, cough, shortness of breath, sudden loss of taste and smell, etc.). This does not apply to children and pupils of schools attached to healthcare facilities.
- The child, pupil, student or participant is only personally present at the school, educational facility or academic institution if they do not have acute health problems corresponding to a viral infectious disease.
- More information is available on the website of the Ministry of Education, Youth, and Sports.